

178 Oakville Royal Canadian Sea Cadet Corps



Cadet and Parent Handbook
2019-2020 Training Year

Quick Reference

Parade Nights	every Tuesday, 6:30 pm - 9:15pm
Location	Galaxy 707 Club 475 North Service Road East, Oakville (between Trafalgar & 8 th Line)
Phone Number	(905) 464-0674
Dress	Regular Parade Nights: Dress for training nights (unless otherwise stated) is Work Dress (blue long sleeve shirt, black cap) Ceremonial Divisions dress is C1 (gunshirt, whitetop, tunic) If you do not have a uniform, the dress is black dress pants, black shoes and white dress shirt

Primary Contacts

Officers and Staff	Corps phone (905) 464-0674 or email oakvilleseacadets@gmail.com
Navy League	Mike Rickards, mrickards14@gmail.com, (905) 334-4531
Report Absence	Absences are to be reported to the Corps by leaving a message on the Corps phone voicemail at (905) 464-0674 or sending an email to oakvilleseacadets@gmail.com .

Where to Get Information

Website	www.oakvilleseacadets.ca
App	 Free download of Team App (App Store or iTunes), search “178 Sea Cadets” and request approval
Regular Emails	To get on the email list, send your email address to: oakvilleseacadets@gmail.com

Due to requirements of the Province and the Department of National Defence, all cadets must be in possession of their **original health card (no copies allowed)** for all cadet activities **EXCEPT** regular Tuesday parade nights. Cadets will be asked to show their cards as proof when arriving for an activity. Those cadets who do not bring their card will not be allowed to participate in the activity.

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Welcome to 178 RCSCC Oakville

Commanding Officer's Remarks



I want to welcome all new boys and girls to HMCS Oakville Sea Cadets; you have chosen to join the largest youth organization in the country numbering nearly 60 thousand Cadets. Please understand that you are not members of the Canadian Armed Forces, but you are the most precious treasure this country possesses. The government of Canada as well as the Canadian Armed Forces acknowledge this and that is the purpose of this program.

Cadets Canada has been designed to provide adventure training in a military atmosphere to provide you with skills you will need throughout life. These skills will assist you getting into college or university, getting a job as well as navigating your way through life. The first life skill is that you will only get out of this program from what you put into it.

Sea Cadets offers you the opportunity to meet new friends from various countries and ways of life, many of these friends will become lifelong pals. You will have the opportunity to go to one of 22 Cadet Training Centres during the summer, you will be paid weekly while attending and learning what course you have chosen. Opportunities will occur for you to go on tall ships and naval vessels in Vancouver, there also chances to go on international exchanges to England, Australia, Germany, South Korea and the Caribbean to name a few. If you choose, when your 16 you can apply to be an instructor at a training centre and receive over 4 thousand dollars while teaching sailing, drill etc.

Safety of Cadets is paramount to the Canadian Armed Forces, with that said; we will not tolerate any form of bullying, sexism or racism. Additionally, each of the Naval Officers is a paid reserve member of the Royal Canadian Navy and have been vetted and checked to ensure their compatibility for dealing with Cadets; Civilian Instructors are vetted in the same matter.

Finally you will be completing your volunteer hours helping various community organizations throughout Oakville. All this provided, at no cost to your parents. The program is free.

So let's have fun and enjoy everything that Sea Cadets can offer you.

Lt (N) S. Crawford CD
Commanding Officer

Executive Officer's Remarks



Welcome to RCSCC OAKVILLE! I am very excited to join the unit this year!

I have been working within the Cadet Instructors Cadre (CIC) since 1998. When I first started working as a Civilian Instructor with 104 RCACS Starfighter as the Band

Officer, I didn't know much about the cadet program. I quickly learned what an incredible program we were offering to the youth of Canada, and I couldn't wait to do more! I enrolled in the Canadian Armed Forces as an Air reserve officer with the CIC and dove in head first!

After a few years, I transferred to the Navy side, and began working with my first Sea Cadet unit, RCSCC OJIBWA, in Toronto. I was there for 10 years, the last 3 of those as the Commanding Officer. I then transferred to RCSCC DUNDAS, in Hamilton, where I stayed for 7 years, 4 of those as the Commanding Officer. I had the honour with RCSCC DUNDAS to serve as the first female Commanding Officer, and celebrate the units 75th Anniversary!

I believe the cadet program can be life changing. It not only offers incredible training, experiences, and knowledge - but also lifelong friendships, skills that you can't get anywhere else, and stories that you will keep with you forever. My motto for all of the cadets I work with is "**Reach for the Stars**", as in this program, if you put in the time and effort - the sky really is the limit! Set the bar high for yourself to achieve your own best potential, and represent the Canadian Cadet Organization with pride! You are our future.

I look forward to bringing not only my enthusiasm and knowledge to the staff and cadets of this unit - but also experience in rolling out dynamic training programs. We want the cadets to build knowledge, leadership skills, and a sound base for their future, but also have fun! We will all work together to achieve this!

Lt (N) Melissa M. King, CD
Executive Officer

Cadet Coxswain's Remarks



To all the returning and new cadets, Welcome to RCSCC 178 Oakville.

I'm really excited to be your coxswain this year and have this opportunity to build our Corps with the help of senior cadets, the DPOs and, of course, the entirety of the ships company!

We have an excellent group of strong senior leaders who are stepping up to take on big roles in the Corps this year. All of the seniors have made huge contributions to our Corps over their time with us and to them I say "I'm proud of all the work you have done to get where you are and I can't wait to work with you to create the vision you have for the future Corps that you would be proud to lead".

The returning juniors have already set the bar for the year very high in dress, drill, deportment and general excitement. I encourage you all to push yourselves further and channel your energy toward your training as you prepare yourselves to become future DPOs, RPOs and Coxswains.

I am thrilled with the number of new entries I've seen and can't wait to meet all of you. We've got an incredible group of officers and cadets who are ready to help you get into the program and form the foundation of the 2019/2020 Ship's company of our Sea Cadet Corps.

Parents, thank you for all the support you've given our Corps by getting your cadets where they need to be and encouraging them to improve themselves. Behind every amazing person I have worked with in my career was a supportive family.

178 Oakville has a long history of being leaders in our community. It is up to us to continue and strengthen this tradition. Let's get to work.

Thank you,

A. Buckley
Petty Officer First Class

Oakville Navy League Chair's Remarks



As the current President of the Oakville Branch of the Navy League, I welcome you to the Royal Canadian Sea Cadet program and also to the Oakville Branch of the Navy League of Canada.

The role of the Navy League is to support the delivery of the Sea Cadet training by providing facilities for parade nights and events, additional training material, funding of auxiliary programs, and volunteers to augment corps staff. The Navy League also acts to liaise with community partners for financial and other support and manages the Branch's funds in a fiduciary manner.

The Navy League of Oakville welcomes all parents and interested parties to come and join. In particular, we need support for various activities during the year, including fundraising, swim team coaching, and mentors for the Duke of Edinburgh program. Donations and fundraising drives are essential to cover the costs of optional activities. Last year alone some of these events included scuba diving familiarization, swim team training and competition, air rifle range training and competition, local trips, mess dinner and adventurous physical fitness nights to name a few.

Your contribution adds immeasurably to the cadet experience and is extremely rewarding personally.

We need your support and would love to meet you. Please approach any one of the current Navy League members, and reach out – share your skills, time and energy – our youth reap the rewards!

Kind regards,

Mike Rickards, CD

What is Sea Cadets?

Cadets Canada is the largest federally sponsored youth program in Canada. It is a national program for young Canadians ages 12 to 18 that are interested in participating in a variety of challenging and rewarding activities, and learning more about the Canadian Armed Forces through the Sea, Air and Army elements. Sea Cadets have a focus on naval traditions and water-based activities such as sailing, navigation and ship operations.

Cadets are encouraged to become active, responsible members of their communities. They learn valuable life and work skills like teamwork, leadership, and citizenship. Cadets also reap the personal benefits of increased self-confidence and physical fitness, learning how to take initiative, and how to make decisions. Cadets make valuable contributions to Canadian society on a daily basis in terms of environmental, citizenship and community activities.

The cadet program is by no means a stepping stone or prerequisite for entrance to the Canadian Armed Forces, nor are members encouraged to go into a military career.

Cadets are trained to work in a teamwork environment that fosters helpfulness, leadership, dedication, self-discipline, and selflessness. All training is conducted for the benefit and experience to be gained by the cadet through their actions.

Interaction between cadets, staff, and officers will be educational, positive, and respectful. A zero-tolerance rule is in effect for all personnel regarding abuse, harassment, and negative conduct. During the first few month of joining, new cadets will participate in the Positive Social Relations for Youth Program to provide the basis for acceptable social interaction. Cadets are required to sign a 'Code of Conduct' declaration in which they acknowledge the standards of conduct and behavior expected of them while participating in cadet training.

Aims of the Cadet Program

The aim of the Cadet Program is to develop in youth the attributes of good citizenship and leadership, promote physical fitness and stimulate the interest of youth in the sea, land and air activities of the Canadian Armed Forces."

Citizenship - The development of responsible and caring citizens is one of the most important aspects of the Cadet Program. Throughout the year, cadets participate in citizenship activities in cities and towns across Canada.

Leadership - The Cadet Program encourages youth to be fair and ethical leaders. Cadets learn to take responsibility for their actions and motivate their peers to follow their example.

Physical Fitness - Cadets develop an understanding of the benefits of a healthy lifestyle. Participation in fitness activities results in a positive attitude that enables cadets to take on new challenges.

Stimulate Interest in the Activities of the Canadian Armed Forces - Exposure to the sea activities of the Canadian Armed Forces is a unique part of the Sea Cadet Program identity, distinguishing it from other youth development programs.

Costs

The Canadian Cadet Organizations has no cost to being a cadet. **There are no dues, no joining fees, and no hidden costs. Uniforms are provided free of charge.** Cadets will be expected to maintain their uniform which does require the purchase of small items such as sewing needles & thread, boot polish and cloth, and a lint brush, which can amount to around \$20 per year. Cadets will be expected to maintain a haircut within requirements, and female cadets with long hair will need supplies to put their hair up to meet requirements.

The program is funded by a partnership between the Department of National Defence and the Cadet Leagues of Canada. To keep the program free, cadets are expected to help with fundraising (tagging events two times per year), volunteer for events supporting our financial sponsors (such as the Royal Canadian Legions of Bronte and Oakville and the Optimist Club of Oakville) and parents are asked to contribute occasionally by driving cadets to tagging locations and sometimes other events. All parents are encouraged to join the Navy League and support the cadet organization through their volunteer hours – many roles and tasks, from short term help with a particular event through organizational leadership are available and all help is welcome.

From time to time an optional activity that goes above and beyond the corps training mandate may require a financial contribution from cadets who participate. If you are unable to meet the cost of these occasional events, please speak confidentially with the Navy League Chair to see if sponsorship is available.

178 RCSCC Oakville Staff

Lt(N) Shane Crawford, CD
Commanding Officer

Lt(N) Melissa King CD	Executive Officer
NCdt Steve Marcellus	Supply Officer
SLt Nick Lloyd-Davies CD	Training Officer
NCdt Constantinos Zoes	Assistant Training Officer
CI Jiazhou (Vera) Fu	Instructor
CV Kien-An Tu	Instructor
CI Javier DeOlmo	Communications
PO1 Anika Buckley	Cadet Coxswain

The uniformed officers of the cadet corps belong to the Cadet Organization & Administration Training Service branch of the Canadian Armed Forces (CAF) Reserve. These officers are trained specifically to instruct, administer, and regulate the cadets of the Canadian Cadet Organizations.

The staff are trained to deal with various backgrounds and abilities that cadets may have. Assisting in the delivery of the program are screened adult volunteers.

History of HMSC Oakville and the RCSCC Oakville Corps

On Wednesday November 5th 1941, Oakville residents thronged to Lakeside Park to join in and cheer at dedication ceremonies for the corvette HMCS OAKVILLE. Residents, semi-military, military and civilian units paraded through the streets. Mrs. F.M. Deans, wife of Mayor M. Deans, dedicated the corvette. Rev. Canon D. Russell Smith blessed the vessel. All community and civic organizations were represented in the guards of honour.

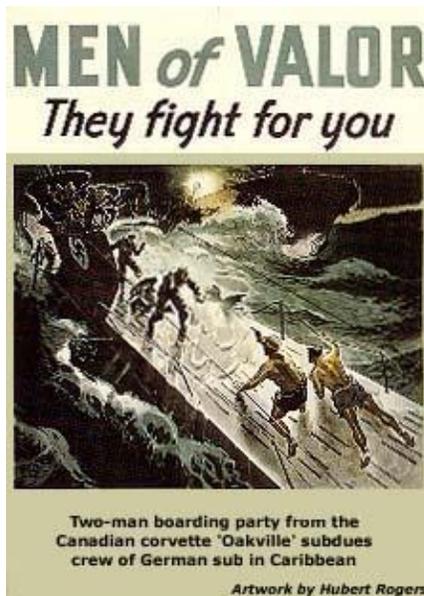
OAKVILLE went off to World War II and on August 28th 1942 and sunk a German U-boat, U-94, one of only three corvettes to do so during the war. A Men of Valor poster commemorates this historic event.

On June 11th 1989 Lieutenant Governor Lincoln Alexander unveiled a stone cairn in Tannery Park dedicated to the Officers and Crew who served in HMCS OAKVILLE. On May 14, 2016, the Town of Oakville honoured HMCS OAKVILLE by raising a commemorative plaque, written by Lt(N) Sean E. Livingston CD, to accompany the cairn.

A book titled *Oakville's Flower: The History of HMCS Oakville* by former Commanding Officer Lt (N) Livingston details these historic events and reveals the bravery and valour of the crew.

On Saturday November 6th 1999, RCSCC OAKVILLE was formally commissioned. This Sea Cadet Corps has the honour of holding the same pendant number as HMCS OAKVILLE - K178. The Badge the Sea Cadets wear on their tunics is reminiscent of the original town crest and the gun shield created for HMCS OAKVILLE.

On Sunday May 28th 2000 RCSCC OAKVILLE held its 1st Annual Inspection and celebrated another victory. We continue this tradition in the hope that OAKVILLE will continue to uphold the fine maritime traditions of our community.



Sea Cadet Training and Activities

Parade Nights

RCSCC Oakville parades every Tuesday evening from September through June. Exact dates and timings can be found on the corps website, the Team App and through regular emails.

Parade Night Timings

- 1830 Cadets arrive at LHQ
- 1845 Cadets fall in for inspection
- 1850 Colours
- 1855 Training begins
- 2055 Training ceases
- 2100 Cadets fall in for sunset, Announcements & Clean Up
- 2115 Liberty Boat and Dismissal

Weekly Training Subjects

Cadets spend regular training nights engaged in a variety of learning tasks. There are generally three training periods each evening.

Some subjects covered on regular training nights are:

- citizenship
- drill, dress and deportment
- uniform expectations and care
- sailing
- ship and boat operations
- navigation
- leadership and public speaking
- military structure and Canadian military history
- Canadian Naval terminology and traditions

Other Training and Activities

The Corps participates in many training and community activities throughout the year. Please consult the Team App and regular training emails for dates for specific events. In past years the cadets have participated in:

Training Activities

- sailing training at the Mississauga Sail Center
- seamanship training weekends
- range training and competitions (Air Rifle)
- swim team training and competitions
- training weekends with other cadet Corps, both locally and regionally
- tours of Canadian Coast Guard station

- occasional camping trips and visits to historical landmarks
- physical fitness activities such as treetop-trekking and trampoline
- Duke of Edinburgh activities
- and more...

Community Activities

- mandatory tagging (fundraising)
- poppy sales for the Royal Canadian Legion
- Remembrance Day Parades at both Oakville and Bronte Cenotaphs
- Christmas Tree unloading for the Optimist Club
- and more...

Summer Training

Cadets have the opportunity to apply to attend summer training centres at one of several Canadian Armed Forces Bases across Canada. The camps are free of charge, in fact, cadets are provided with a small training bonus pay for attending. Attendance at camp is not guaranteed – it is highly competitive. Cadets can improve their likelihood of being selected for a summer training course by attending training regularly, participating fully in the program and volunteering for activities when asked.

Cadets who are 12-13 years old will begin with General Training, a two week course. Older cadets can progress into specialized training in areas where they have a particular interest.

Summer Training Courses

12-13 Years Old	Year 2	Year 3	Year 4 +
2 Weeks	3 Weeks	6 Weeks	6 Weeks
General Training	Basic Sail	Intermediate Sail	Senior Sail Advanced Sail
	Basic Seamanship	Ship Boat Operator	Boatswains Mate Shipwright
	Basic Drill and Ceremonial	Drill & Ceremonial Instructor	
	Basic Musician	Intermediate Musician	Advanced Musician
	Basic Fitness and Sports	Fitness and Sports Instructor	
		Marksmanship Instructor	
			Staff Cadet

Applications for summer training will take place in January and more information will be made available at that time. Generally selections are released in late April/May so families can plan their summers.

Uniform

Uniform expectations for appearance and care/maintenance are published in the Cadet Administrative and Training Orders (CATO) 35-01 – Sea Cadet Dress Regulations. These regulations govern everything to do with appearance from haircut, colour and style and jewelry rules (including visible piercings) to how to lace your boots. It is the responsibility of every cadet to be aware of these rules and abide by them.

Remember, you chose to be a cadet, and these rules are part of your commitment.

Orders of Dress

The five orders of Sea Cadet dress can be found in CATO 35-01. The two most common for parade nights and activities are:

C1 Ceremonial Uniform White top cap, tunic, lanyard, gunshirt, pants, black belt, boots, grey wool socks. Name tag not worn unless specially directed (put it in your pocket just in case!). Full medals if you have been awarded any. Used for Ceremonial Divisions, ceremonial parades and special occasions.

ORDER OF DRESS / TENUE RÉGLEMENTAIRE C1	COMPOSITION	OCCASIONS	AUTHORIZED CLOTHING, ACCOUTREMENTS AND ACCESSORIES / VÊTEMENTS, ATTRIBUTS ET ACCESSOIRES AUTORISÉS
<p>CEREMONIAL DRESS / TENUE DE CÉRÉMONIE</p> 	<ul style="list-style-type: none"> · Seaman's cap with cap tally. · Gunshirt. · Lanyard. · Jacket. · Trousers with belt. · Boots. · Socks. · Medals · Pins. <hr/> <ul style="list-style-type: none"> · Bonnet de marin avec ruban d'identification. · Gilet de marin. · Cordon blanc. · Veste. · Pantalon avec ceinture. · Bottes. · Bas. · Médailles · Épinglettes. 	<ul style="list-style-type: none"> · Formal ceremonies or parades. · Guards of Honour. · Church services or parades. · Funerals. · Other occasions as ordered. <hr/> <ul style="list-style-type: none"> · Cérémonies ou parades officielles · Gardes d'honneur. · Cérémonies et processions religieuses. · Funérailles. · Autres occasions selon les ordres reçus. 	<ul style="list-style-type: none"> · Name tag. · Corps badge. · White gloves. · White belt and white gaiters. · Cutlass. · When authorized to wear, the boatswain's or gunner's chain and call may replace the lanyard. <hr/> <ul style="list-style-type: none"> · Plaquette patronymique. · Insigne du corps. · Gants blancs. · Ceinture blanche et guêtres blanches. · Sabre. · Lorsque le port est autorisé, la chaîne et le sifflet de manœuvrier ou de canonnier peuvent remplacer le cordon.

Note : The jacket may be removed only when it is not available or when extreme heat conditions make the wear unbearable. In these cases, the gunshirt will remain free of any insignia, in exception of rank.

C4 Sea Training Uniform (also known as STU or Work Dress) Cadet-issued black baseball cap, black t-shirt, blue long sleeve shirt, pants, black belt, boots, grey wool socks. Rank slip-ons on shoulder epaulets. Name tag. No ribbons or medals. Sleeves may be neatly folded up in warm weather. Used for regular training nights unless otherwise stated.

ORDER OF DRESS / TENUE RÉGLEMENTAIRE C4	COMPOSITION	OCCASIONS	AUTHORIZED CLOTHING, ACCOUTREMENTS AND ACCESSORIES / VÊTEMENTS, ATTRIBUTS ET ACCESSOIRES AUTORISÉS
<p>TRAINING DRESS (SEA) / TENUE D'INSTRUCTION (MARINE)</p> 	<ul style="list-style-type: none"> · Issued ball cap; or · wide brimmed tan summer hat (CSTC only). · Postman blue shirt. · Black t-shirt. · Rank slip-ons. · Trousers and belt. · Socks. · Boots (alternative footwear may be authorized based on the activity). <hr/> <ul style="list-style-type: none"> · Casquette de baseball réglementaire; ou · chapeau d'été beige à large bord (CIEC seulement). · Chemise bleu postier. · T-shirt noir. · Pattes d'épaule amovibles de grade. · Pantalon et ceinture. · Bas. · Bottes (un choix de chaussures peut être offert selon l'activité). 	<ul style="list-style-type: none"> · Routine training dress for day to day nautical / seamanship type training. · Other occasions as ordered. <p>Note: Although it may be authorized for travel to and from place of training with essential stopovers, this dress does not replace C1 and C3 orders of dress for use at ceremonial, drill, parade, or public engagements. COs are to exercise reasonable judgement in designating the occasions for wear.</p> <hr/> <ul style="list-style-type: none"> · Tenue courante pour l'instruction de type nautique et de matelotage de tous les jours. · Autres occasions selon les ordres reçus. <p>Nota : Bien que son port puisse être autorisé pour les déplacements en direction et en provenance des lieux d'instruction avec des haltes essentielles, cette tenue ne remplace les tenues réglementaires C1 et C3 pour les cérémonies, l'exercice militaire, les parades ou les présences en public. Les cmdt doivent exercer un jugement raisonnable lorsqu'ils désignent les occasions de port.</p>	<ul style="list-style-type: none"> · Name tape or name tag. · Appointment brassard. · When authorized to wear, boatswain's or gunner's chain and call may be worn with the shirt. · No beret. · No white belt or white gaiters. <hr/> <ul style="list-style-type: none"> · Bande ou plaquette patronymique. · Brassard de fonction. · Lorsque le port est autorisé, chaîne et sifflet de manœuvrier ou de canonier peut être portée avec la chemise. · Pas de bérêt. · Pas de ceinture blanche ou de guêtres blanches.

Badge Placement

Badge placement on the tunic can be found on the oakvilleseacadets.ca website.

Personal Appearance

The standards of personal dress, appearance and grooming shall be such as to reflect credit on the individual and on the Canadian Cadet Organization as a whole. The following regulations are extracted from Canadian Armed Forces Dress Regulations and Cadet Dress Regulations. They are not intended to be overly restrictive, but to ensure the maintenance of high a standard of grooming consistent with military standards while also recognizing the standards of Canadian society and the traditional privileges, which have proven their value in fostering group identity and morale. The regulations are reasonable, enforceable, assure a favourable military image, and yet permit some individuality.

Male Personnel

Hairstyles

As guidelines, hair shall be:

- a. neatly groomed;
- b. taper-trimmed at the back, the sides, and above the ears, to blend with the hairstyle. A straight cut at the neck is permissible when the tapered appearance is maintained;
- c. not more than 15 centimetres (6 inches) in length and short enough so that when hair is groomed and headdress removed, no hair touches the ears or collar, or falls below the top of the eyebrows. The distance of the hair from the collar for the average man should be 2.5 centimetres (1 inch) but this may vary according to whether the individual has a short or long neck; and
- d. not greater than 4 centimetres (1½ inches) in bulk at the top of the head with the bulk gradually decreasing from the top to blend with the tapered trimmed sides and back; and does not interfere with the proper wearing of any military headdress.



Grooming

Male cadets are expected to be clean-shaven. Reasonable medical or religious considerations will be accommodated.

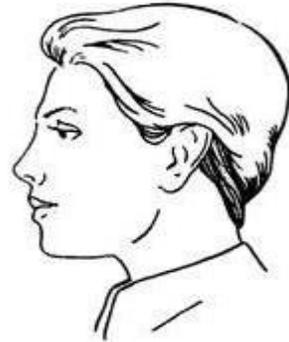
Sideburns shall:

- a. not extend below the point where the top of the ear lobe joins the face;
- b. be squared off in a horizontal line at the bottom edge; and
- c. be taper-trimmed to conform to the overall hairstyle and of even width.

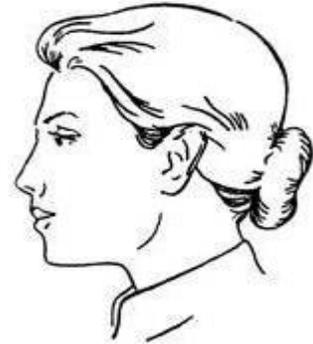
Female Personnel

Hairstyles

Hair shall be kept neat and well-groomed and shall not extend below the lower edge of the jacket collar. Varying hairstyles, straight or curled are permitted within these limits but exaggerated or bizarre styles including those with excessive fullness or extreme height are not authorized. In no case shall the bulk of the hair interfere with the proper wearing of military headdress. Hair ornaments shall not be worn. Bobby pins, hairpins and similar items used to secure the hair shall not be visible.



Braids, if worn, shall be styled conservatively and tied tightly, secured at the end by a knot or a small-unadorned fastener. A single braid shall be worn in the centre of the back. Double braids shall be worn behind the shoulders. Hair shall be a maximum length when gathered behind the head and braided which does not extend below the top of the armpit. Multiple braids and/or cornrows shall be directed toward the back of the head, pulled tight to the head and secured at the end by a knot or a small-unadorned fastener. Multiple braids extending below the lower edge of the collar are to be gathered in a bun.



Pony Tails, if worn, shall be styled conservatively and tied tightly by a small unadorned fastener. A pony tail shall be worn in the centre of the back. Only authorized in Work Dress (STU).

Make-Up

Make-up shall be conservatively applied when in uniform. This precludes the use of false eyelashes, heavy eyeliner, brightly coloured eye shadow, coloured nail polish and excessive make-up.

Jewelry

The wearing of jewelry by personnel in uniform is restricted. Wrist watches, ID or Medic Alert bracelets are permitted. A maximum of two rings may be worn provided that they are not of a gaudy or costume nature. Personnel in uniform shall not wear necklaces or chains about the neck. Females may wear only a single pair of plain gold, silver stud or white pearl earrings in pierced ears. A healing device of similar size not to exceed 0.6 cm. in diameter and spherical in shape may be worn while ears are healing after piercing. Only a single earring or healing device, worn in the centre of each ear, may be worn at a time.

Parent's Role

The cadet program is both demanding and rewarding for cadets and provides them with a lifetime of skills and experiences. Your support as parents will help your cadet succeed and grow in the program.

Ways you can support your cadet in the program:

- Be on the Team App and email list so you are informed of activities well in advance
- Ensure you know about the timing of activities so they can be on time and be picked up promptly
- Provide reminders to the cadet about their responsibilities to keep their uniform up to standard, including boot polishing and sewing of badges – but do NOT do these things yourself!
- Come in to the building when picking up your cadet periodically to hear announcements and chat with other parents, especially on Ceremonial Divisions where special events (such as awards) may take place
- Transport your son/daughter (and maybe their friends) to and from parade nights and cadet activities
- Encourage your cadet to participate in Corps teams and activities so they the most out of the Corps
- Volunteer with the Oakville Navy League

Navy League of Oakville Membership

All parents and supporters are welcome to participate in the Navy League of Oakville in any capacity. There are a wide variety of volunteering opportunities ranging from a few hours of phone calls at home to organizing trips and providing on-site logistical support (food and equipment) for Corps activities. Drivers are always needed for tagging events and when activities are out of town. Please introduce yourself to someone on the Navy League staff and let us know what role you would like to play.

All members of the Navy League at the Oakville Branch are unpaid volunteers. When working with Cadets directly, parents/volunteers must complete an application to join the Navy League and require police checks (vulnerable sector screening) prior to being issued a Navy League ID badge.

NAVY LEAGUE OF CANADA OAKVILLE BRANCH MEMBERS

Mike Rickards, CD - President
Judith Desembrana - Vice-President
Debra Morgan - Treasurer
Cathy Stewart – Secretary & Event Chair
MJ Milton - Fundraising Chair

Charles Dumouchel - Tagging Chair
Cathy Stewart - Canteen Chair
Mandy Koehler – Member at Large (Events)
Shabnam Greenham – Member at Large (Events)
Erika Mann - Past President